



Central America and Panama Canal PathFinder

Seabourn • Seabourn Quest
Miami Roundtrip

November 21 - December 5, 2023
15 Days • All Meals

Escorted by David and Roslyn Craig

Craig
travel

For over three hundred years man dreamed of linking the Caribbean Sea and the Pacific Ocean but it wasn't until the beginning of the last century and the drive of President Theodore Roosevelt that the 'Big Ditch' was actually built. Today, the world's greatest shortcut stands as one of man's greatest engineering feats. Now you can transit the canal in one day in the gracious luxury of Seabourn Quest, a ship designed to please even the most discriminating passenger. In addition to the Panama Canal, we will explore exciting ports-of-call throughout the region, fully immersed in the tastes, scents and delights of each exciting port of call we visit.

Departing Miami, we set sail through the sparkling waters of the Caribbean Sea to Cozumel where we will discover the history and artifacts of the once mighty Maya Civilization. We continue on, to charming, colourful ports in Belize, Colombia, Costa Rica, Panama, and Guatemala. It's your time for these special Seabourn moments! Call us today to reserve your places!

Inclusive Features

- 14 night cruise on the Seabourn Quest, based on sharing a twin bedded stateroom in category selected
- Baggage handling shipside
- All meals, beverages and entertainment on board
- Services of your cruise director
- All gratuities for included shipboard services
- All cruise line taxes and fees

Air - inclusive rates also include:

- Return economy airfare from cities listed
- Transfers between the airport, hotel and the ship
- All related air taxes and current fuel surcharges
- Airport transfers in Canada or equivalent value

Shore Excursions are not included in your cruise cost, allowing you the freedom to choose from several optional tours that will be offered in each port. Excursions will be available for purchase through the Seabourn website or after embarkation.

Journey Leaders

David, CEO and Chairman of Craig Travel, and Roslyn bring with them years of travel experience as escorts and tour operators. After attending the University of Toronto and York University, David travelled around the world and lived in Australia before returning to Canada and Craig Travel. For forty years David devoted his working life to arranging and operating tours and cruises to scores of destinations around the world. An Australian by birth, Roslyn, has lived and worked in the business of travel for most of her life. For over three decades, David and Roslyn have visited over 100 countries and all seven continents.



The Best Value

Craig Travel and Seabourn work together to offer you the best price and inclusions on your cruise. Prices reflected in our brochures are the best available at time of printing. As promotions change often, your dedicated Cruise Specialist will work with you to secure the best available rates and amenities at time of booking.

Our Cruise Ship • Seabourn Quest

Seabourn Quest is the third iteration of the vessel design that has been called 'a game-changer for the luxury segment.' True to her Seabourn bloodlines, wherever she sails around the world, Seabourn Quest carries with her a bevy of award-winning dining venues that are comparable to the finest restaurants to be found anywhere. She offers a variety of dining options to suit every taste and every mood, with never an extra charge. With world-class entertainment and enriching activities, each day on board will inspire incredible experiences. At only 650 feet long and 84 feet wide she can host just over 400 guests in 229 suites.



All aboard the luxurious Seabourn Quest - Credit to Seabourn

Cruise Itinerary

Nov 21, Tue	Depart Canada Arrive Miami, Florida, USA Embark / Sail 7:00pm
Nov 22, Wed	Sea Day
Nov 23, Thu	Cozumel, Mexico * Arrive 7:00am / Sail 6:00pm
Nov 24, Fri	Belize City, Belize * Arrive 10:00am / Sail 5:00pm
Nov 25, Sat	Sea Day
Nov 26, Sun	San Andres, Colombia * Arrive 10:00am / Sail 6:00pm
Nov 27, Mon	Puerto Limon, Costa Rica Arrive 8:00am / Sail 11:00pm
Nov 28, Tue	Bocas del Toro, Panama * Arrive 8:00am / Sail 5:00pm
Nov 29, Wed	Enter Panama Canal Cristobal Scenic Cruising 6:00am Gatun Lake, Panama Arrive 9:00am / Sail 11:00am Shore excursion required for shore access Exit Panama Canal Cristobal 2:00pm Colon, Panama Arrive 4:00pm / Sail 9:00pm
Nov 30, Thu	Sea Day
Dec 1, Fri	Sea Day
Dec 2, Sat	Santo Tomas de Castilla, Guatemala Arrive 8:00am / Sail 6:00pm
Dec 3, Sun	Sea Day
Dec 4, Mon	Sea Day
Dec 5, Tue	Miami, Florida, USA Arrive 7:00am / Disembark

* Tender to shore



Ports of Call

Miami, US: Although it is technically not on the Caribbean Sea, no other American city exudes more of the diverse tropical appeal of the Caribbean than Miami. From the hot-blooded Art Deco haunts of South Beach to the natural wonders of the UNESCO-inscribed Everglades and the laid-back charms of the Keys, South Florida offers a bounty of appealing attractions that make an extended stay in the region nearly mandatory for those either embarking or disembarking here.

Cozumel, Mexico: The island of Cozumel lies just a short distance off the coast of the Yucatan Peninsula. Home to impressive Mayan settlements and a haven for pirates it is now one of the more popular destinations in the Caribbean. Today the most popular activities are skin-diving and snorkeling among the colorful reefs surrounding the island. Other activities include the exploration of some recently excavated Mayan ruins, browsing in the many local handicrafts and souvenir shops, or just relaxing at one of the numerous beaches.

Belize City, Belize: As the center and one-time capital of the country, Belize City boasts an array of historic attractions - St. John's Cathedral, the Swing Bridge, Government House Museum and the colorful fruit market, all of which can be seen on a city tour.

San Andres, Colombia: Although first mapped by the Spanish in 1527, the history of San Andres includes serial colonization by English, Dutch and Welsh parties during the ensuing centuries. In the 17th Century, the Welsh pirate Henry Morgan used the island as his base of operations, and fortune hunters still seek his legendary treasure. Today travellers enjoy swimming, diving and snorkeling in its warm, clear waters. The island's flora and fauna are protected by a number of national and regional parks and preserves, and coral reefs and shallow coastal lagoons such as the one dubbed "El Acuario" provide excellent snorkeling and other water sports. At Hoyo Soplador, a system of submarine channels under the coral reef traps Caribbean swells and spews a geyser upward as much as 60 feet through a blowhole vent.

Puerto Limon, Costa Rica: Costa Rica's Caribbean coastal port gives access to a number of natural attractions. The canopy of the coastal rain forest can be visited by gondolas on aerial cable systems at the Veragua Rain Forest Park, which also offers zip-line adventures, as does the nearby Jungle Breeze park. The mangrove forests of the Tortuguero Canal are an easy way to get close to sloths, monkeys and numerous varieties of birds and reptiles on canal boats. Nearby one can visit one of the area's banana plantations. Alternatively, it's possible to head inland to Costa Rica's cosmopolitan capital, San Jose, just over two hours away by highway through lush highland coffee plantations.

Bocas del Toro, Panama: Bocas Town was established on Colon Island in this archipelago by the United Fruit Company in the 1920s as a base for its banana plantations. The picturesque period charm of the town is today exploited by the locals to attract tourists. All of the islands have lovely beaches, mangrove waterways to explore and even several different indigenous populations who make and sell colorful handicrafts. A plentiful variety of

wildlife including many species of birds, animals and sea turtles adds to the area's appeal. Panama shares the nearby Parque Internacional La Amistad (Friendship), a UNESCO World Heritage Site, with Costa Rica.

Gatun Lake, Panama: The vast reservoir of Gatun Lake holds the water supply that operates the locks systems of the Panama Canal. The dam was the largest ever built at the time, and the 164-square mile lake was also the largest man-made lake on earth. The lake allows for two way traffic through the canal as well as the 53.4 million gallons of water required for each ship's passage. The source of the freshwater is the Darien rain forest watershed of the isthmus draining into the Chagres River. The lake holds approximately one year's average rainfall amount.

Colon, Panama: The town was built as the Caribbean terminus of the Panama Railway and is adjacent to the Caribbean end of the Canal. A trip through the coastal rain forest to the old Spanish fortress of San Lorenzo gives great views of wildlife along the way and the seacoast at the end. Visitors often tour to the Miraflores or Gatun Locks of the canal from here. The Chagres National Park offers visits to the indigenous Embera people, and nearby Portobelo is a UNESCO World Heritage Site whose church holds an unusual statue of Christ depicted as a black man.

Santo Tomas de Castilla, Guatemala: Guatemala's new Caribbean port on the Gulf of Honduras was developed in 1976 following an earthquake. The interior is rich in cultural interest. Lake Izabal was a Spanish staging area for goods to be shipped from the coast. It was protected from pirate attacks by the fortified, 16th century Castillo de San Felipe. Guatemala is the heartland of the Mayan empire, and nearby Quirigua is an excellent example and a UNESCO World Heritage Site with numerous monuments and, most unusually, a river running right through it. The community of Livingston is a treasury of the unique Garifuna culture that grew out of a blend of African and indigenous Guatemalan people.



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CT Rating 1/5 - Leisurely: This cruise is suitable for all passengers who meet our basic criteria for group travel.

Cruise Cost in Canadian Dollars per person

Category/Description/Deck	Sharing Twin
A Ocean-View Suite (Deck 4).....	\$8,485
A1 Ocean-View Suite (Deck 4).....	\$8,735
V1 Veranda Suite (Deck 5).....	\$10,355
V2 Veranda Suite (Deck 6, 7, 8).....	\$10,855
V3 Veranda Suite (Decks 6).....	\$11,355
V4 Veranda Suite (Decks 7, 8, 9, 10).....	\$11,855

Above rates are per person based on sharing the category chosen and include all of the applicable inclusive features. Cruise only costs are based on joining/ leaving the group at the pier in Miami. See deck plan for full details on various categories available. Single rates are available upon request. Ask for prices or visit our website.

Estimated air add-ons per person

Toronto	\$795
Ottawa / Montreal	\$895
Halifax / Winnipeg.....	\$1,025
St. John's	\$1,075
Regina / Saskatoon	\$1,175
Calgary / Edmonton / Vancouver.....	\$1,095
Victoria.....	\$1,175

Airfares from other gateways are available on request. Group to be escorted with a minimum 20 group members. Prices are also based on a minimum 15 members and on rates, taxes and fees effective February 2023 and are subject to change due to factors beyond our control.

Insurance is NOT INCLUDED but is highly recommended. Premiums are calculated based on the individual's age, destination (country), trip length, and trip booking window – please contact our staff to receive a quote. Your coverage starts on the effective date of your confirmation of coverage. Please discuss your insurance coverage prior to booking. Check our website for the most current information. Refer to the enrollment form for terms and conditions.

Final payment will be due August 17, 2023

Deposit amounts vary by category

To reserve your spot on this cruise, simply complete the enclosed enrollment form, indicating the cruise you wish to join and your home city, and forward it with your deposit to:



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