

Our goal is to provide the best possible travel experience for **all members** of our groups. These ratings will hopefully assist potential travellers in selecting the most suitable tour or cruise, based on their physical capabilities and the overall travel experience that they can expect. Travel involves a great many factors all of which can affect the enjoyment of the experience. A major factor relates to the physical demands placed on participants. Other factors relate to transportation, accommodation, food, altitude, weather and other local conditions to be encountered. We have attempted to classify our trips based on a combination of these factors, providing a scale of one to five, rating them from easy to very challenging.

PHYSICAL CAPABILITIES

Basic Criteria – All travellers must be mobile, able to walk at a reasonable pace for five hundred metres and to negotiate stairs. Travellers must be able to handle their own hand luggage at all times and their checked luggage when required (e.g. customs).

For journeys designated as Level Three or above, people with any kind of mobility problems or other physical limitations must discuss their travel plans with our staff.

RATINGS



CT RATING 1

CT Rating ONE - Easy

A very straight forward journey available to all members who meet the basic criteria.



CT RATING 2

CT Rating TWO - Moderately Easy

Slightly more physical requirements involving walks of up to one kilometer which may include uneven terrain. Walk & stop visits to scenic & historic sites will last up to 3 hours.

Most of our tours, river cruises and ocean cruises with extended land programs will fall into this category.



CT RATING 3

CT Rating THREE, FOUR & FIVE - Ranging from moderate to very challenging

These three levels are reserved for journeys that are more challenging. They include extensive land programs including longer walks (more challenging conditions like rough surfaces, steep inclines, uneven stairs) and more challenging travel environments (rough roads, long travel days, early starts, etc). Journeys will generally involve close encounters with local cultures, regional cuisine, best available accommodations (sometimes a little more basic) and travellers may encounter more extreme environmental conditions (temperatures, humidity, altitude). Members need to be in very good physical condition to fully appreciate these programs.



CT RATING 4



CT RATING 5

All three levels require that travellers with any mobility issues discuss their plans with our staff. The higher the Level, the more challenging the trip!

These classifications are general in nature and members should appreciate that the ratings are relative to the individual traveller, their past travel experience and their current physical condition. Our ratings do not cover optional excursions and visits which are not included in the basic product. On many of our journeys, where we want you to experience the local conditions more fully, members must travel with an open mind and an understanding spirit if they wish to enjoy themselves fully.